

TENDING THE SPIRIT

Still Learning

Wenty years ago, I became obsessed with the Civil War. I read, watched films, talked to historians; I even visited battle fields and attended reenactments. Growing up in the Midwest provided little connection to that history. My wife grew up in Virginia. Seeing my sudden interest, she ribbed me hard, saying the Civil War didn't happen until I took notice!

The truth is, we don't know what we don't know. When we moved to Richmond three years ago, it became clear to both of us that there was plenty we didn't know about those times. Our history lessons were incomplete and skewed.

The 400th anniversary of slavery in America reminds me again how much I still don't know about the history of Africans in this country. Vincent Harding's *There Is A River: The Black Struggle for Freedom in America* has helped, but I'm still learning something new almost daily as a resident of Richmond Hill.

In January, I became a participant in the Hope in the Cities 2019 Community Trust Building Fellowship, which meets at Richmond Hill, and brings community leaders of various backgrounds together to create a safe space for sharing personal stories,

space for sharing personal stories, deep listening, relationship building, and action, in hopes of transcending competing identities and interests. Together, we have been a part of decades of truth-telling that is part of Richmond's challenge to white privilege, structural racism and embedded histories of inequality.

The work has been enlightening. Our first weekend focused on getting acquainted and the importance of self-care for those involved in the work of racial reconciliation.

Last month we walked the Trail of Enslaved Africans and I heard again how Virginia, by 1860, had the largest population of enslaved Africans of any State and that the largest interstate slave market in the world was here in Richmond. This month we'll be learning ways to facilitate race dialogue among disparate groups.

We're reading a book entitled, *White Rage: The Unspoken Truth of Our Racial Divide*, by Professor Carol Anderson of Emory University. She describes how whiteness functions in American life and how the legacy of structural racism has brought about white anger and resentment. While a lot of attention has been given to black rage, seen most recently in

Repentance, forgiveness, humility, all play into the equation if we're ever going to bring together what's been torn asunder. Ignorance is no longer

an excuse.

street demonstrations following police shootings of unarmed black men, Anderson suggests that these demonstrations are the "fire", while acts coming from white rage are the "kindling." History is full of examples.

After the Reconstruction period that followed the Civil War, whites reversed gains to those recently freed by legislating Jim Crow laws segregating the races. As the Great Migration to the north escalated, whites in the south saw their cheap labor disappear and often resorted to violence to stop the exodus. Meanwhile, northern cities erupted in race riots as white mobs terrorized the migrants if they attempted to live outside overcrowded ghettos. I've learned that East St.

Louis, near my hometown, was one of the cities ravaged by white violence in July of 1917, leaving over a hundred African Americans dead and 6,000 homeless. I never heard about that as a child, only that East St. Louis was dangerous, and I shouldn't go there. This month we're reading about school desegregation and I'm sure I'll learn more about Virginia's Massive Resistance.

White Rage is helping me understand not only historical events but what's happening today as issues of race continue to dominate the landscape, create deeper divisions in our communities, and magnify strife in our current cultural climate. It's forcing me to do some personal soul-searching: In what ways have I been complicit? How has my own ignorance contributed to a status quo that benefits some while disenfran-

chising others? And more importantly, now that I know what I know, what am I willing to do about it?

In a recent <u>New York Times</u> article, David Brooks, well known social and political commentator, writes of his own growing awareness about race relations in our country. Having visited many towns and cities, he has awoken to the primary role racism plays in explaining what's happening now and in understanding our past. It's led him to write and speak about things like forgiveness, sin, reconciliation and even, recently, the need for reparations.

Brooks writes that while there are many things that eat at the fabric of our country - political, economic, urban/rural there is something unique about the racial divide, which he says, "is born out of sin." It can be traced back to the genocide of native peoples and the institution of slavery right here in Richmond. He says the legacy of those practices "shows up today as geographic segregation, the gigantic wealth gap, the lack of a financial safety net, but also the lack of the psychological and moral safety that comes when society has a history of affirming: You belong. You are us. *continues on page 2*

Richmond Hill Council Members

President Brenda Giannini

Vice President Secretary Don Cowles Latrice Jeffrey

Treasurer Matt Dolci Eric Armstrong Dominic Barrett Andrea Berger The Rev. Joel Blunk DeBorah Cannady Adeline Clark Tim Holtz The Rev. Larry Johnson Janet Legro Rev. Melody Porter Rita Ricks **Richard Rumble** The Rev. Janie M. Walker Cathy Woodson Davis Wrinkle

Community and Staff

<u>Co-Pastoral Directors</u> The Rev. Joel Blunk jblunk@richmondhillva.org The Rev. Janie Walker jwalker@richmondhillva.org Administrator Tim Holtz administrator@richmondhillva.org Individual Ministries Coordinator DeBorah Cannady dcannady@richmondhillva.org Retreat Host Mary Lewis retreats@richmondhillva.org Office Coordinator Debbie Winans office@richmondhillva.org Communications Coordinator **Richard Rumble** rrumble@richmondhillva.org Facilities Coordinator David Vinson facilities@richmondhillva.org Dining Host Sunny Riggs sriggs@richmondhillva.org <u>Assistant Dining Host</u> James Byrd <u>Gardener</u> Heather Watt Community Relations Aria Kirkland-Harris Musician Jim Bennett Urban Service Corps Jabriel Hasan Hoonie Kwon **Residents** Kristen Saacke Blunk Wayne Lewis Mary Lou Rumble <u>Armstrong Leadership Program</u> Yvette Rajput Marvin Roane Micah Association Vicky Bethel

Office Assistant Marvette Tate

TENDING THE SPIRIT

You are equal."

A friend, who is African American and native to Richmond, recently told me that he's over-tired of hearing that blacks should pull themselves up by their boot straps. "We have no boots!" he exclaimed. There is no generational wealth for most African Americans and systemically it is nearly impossible to build from ground zero. He said that his own mother, in desperation, put the utilities in his name when he was 9 years old because her credit was bad; now in his 50's, he's still recovering from the havoc that reigned on his own credit score.

Brooks writes, "we're a nation coming apart at the seams, a nation in which each tribe has its own narrative and the narratives are generally resentment narratives." He stresses the African-American experience is somehow at the core of that fragmentation -"the original sin that hardens the heart, separates Americans from one another and serves as model and fuel for other injustices."

As a person of faith, I return again to the belief that God created all of us in God's image and Jesus' admonition that we love one another. It's so simple, yet we make it so hard. I heard Henry Louis Gates, Jr. say the other day that slavery only "worked" when white Christian folk figured out a way to convince themselves that some people, because of the color of their skin, were "less than". That false hierarchy must come down.

God created us as one family and it's time that we embrace that truth. We need reconciliation now more than ever. Though not easy, reconciliation begins with the growing awareness of our sinfulness as a nation and the willingness to admit that we've missed the mark of God's intention for humanity. Repentance, forgiveness, humility, all play into the equation if we're ever going to bring together what's been torn asunder. Ignorance is no longer an excuse.

I still have a lot to learn. But I'm grateful for what I now know. I'm grateful, too, for a place like Richmond Hill where I can safely grow, receive the support I need, and begin to offer myself more fully to the reconciling work at hand.

> Rev. Joel Blunk **Co-Pastoral Director**

	TABLE OF		DNIENIS
Departments			
1-2	Tending the Spirit,	6	Worship Services,
	Revive Richmond		Community News
3	Richmond at Prayer,	7	A Special
	Armstrong		Summer Institute
4-5	5 Retreats, Schools,		Opportunity
	Groups, and Classes	8	Prayer Cycle

REVIVE

New Life

In late February I received word that a dear friend had passed away in Monrovia, Liberia. Just a few days ago, while cleaning out files, I came across a postcard she had sent me in July 2000. The image on the face of the postcard is one of a beautiful white lily emerging from a composite of dead leaves. My interaction with the card reminded me that even in death, and after more than 18 years, my friend is still speaking to me. It also reminds me of a saying among gardeners that dead leaves are like gold in garden soil. Fertilizer for a garden, dead leaves convey a wealth of hope and potential for new life. Life- that multifaceted concept that is reflected in what we are, what we do, and what we believe. Such a suitable thought for the Lenten season and for contemplation on revival in our city.

Our Christian Biblical narrative is predicated on the concept of death, resurrection and new life, and all the nuances associated with that. As I see new life springing up around us, I see that the nuances associated with Jesus' resurrection is very much like our own. In the wake of Jesus' resurrection, confusion was all around, and no one fully accepted the resurrection for what it was. People were trying to either distance themselves from what had happened, or to cover up the fact that something new, unexplainable, frightening and different had taken place. In the inner city (Jerusalem), women who went to the tomb were terrified and bowed their faces to the ground. Men, who first heard tell of the resurrection, considered what they had heard to be sheer nonsense. Sparked by the courage to check things out, two disciples ran to the tomb, only to return home bewildered. Meanwhile, those on a walk back to the suburbs (Emmaus), encountered the Resurrected Lord only to assess him as uninformed. It took the soulful patient engagement of the unrecognized and "uninformed" resurrected Lord to take the conversation far enough to open blinded eyes, and to move the resurrection story to a world-wide revival story.

In our own time, as much as we try to distance ourselves from the spirit of resurrection in our midst, or remain blind to what is before us, something among the dead leaves keeps resurrecting itself. Perhaps there is a seed of life in our past, lying among what we thought no longer had life, waiting to spring forth into new life. Perhaps, like the final act of the Easter story, a meaningful life-producing relationship will revive us and cause us to say, "Did not our hearts burn within us."

> Rev. Janie M. Walker Co-Pastoral Director

Pray for the Spirit of the Resurrection in Metropolitan Richmond.

Now may the God of peace who brought again from the dead our Lord Jesus, the great shepherd of the sheep, by the blood of the eternal covenant, equip you with everything good that you may do his will, working in you that which is pleasing in his sight. (Hebrews 13:20-21)

April 7, 2019. We pray for the Spirit of the Resurrection in Metropolitan Richmond: For a spirit of hope, of possibility, of eternal life, and of commitment to the redeeming power of God who brings new life out of death to people and communities.

April 14, 2019. We pray for the Spirit of the Resurrection in Metropolitan Richmond: To remove any spirit of contentiousness, prejudice, greed, jealousy, or enjoyment of others' troubles; For a spirit of humility, respecting and appreciating the gifts and contributions of all.

April 21, 2019 – Easter. We pray for the Spirit of the Resurrection in Metropolitan Richmond: For a spirit of love, cooperation, peace, community, and commitment to all people in God's name.

April 28, 2019. We pray for the Spirit of the Resurrection in Metropolitan Richmond: For a spirit of justice, righteousness, equality, and mutual benefit.

Pray for the Churches and Religious Institutions of Metropolitan Richmond.

For just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ. For by one Spirit we were all baptized into one body Jews or Greeks, slaves or free, and all were made to drink of one Spirit. For the body does not consist of one member but of many. (I Cor. 12:12-14)

May 5, 2019. We pray for the Churches and religious institutions of Metropolitan Richmond: For all who seek God on behalf of others; for pastors, ministers, missionaries, intercessors and other servants of Christ.

May 12, 2019. We pray for the Churches and religious institutions of Metropolitan Richmond: For all religious communities, abbeys, orders, brotherhoods, sisterhoods, religious societies, and para-church organizations.

May 19, 2019. We pray for the Churches and religious institutions of Metropolitan Richmond: For seminaries, bible colleges, and schools training persons for vocations in ministry; for the students, faculty, and staff of these institutions.

May 26, 2019. We pray for the Churches and religious institutions of Metropolitan Richmond: For a spirit of unity, mutuality, cooperation, reconciliation, reform, and common ministry within the faith community.

ARMSTRONG LEADERSHIP

Springing Forward

Coming to the Table

We were invited to the Annual Black History Dinner with **Coming to the Table**. This national group is dedicated to seeking to heal from the racial wounds of the past — from slavery and the many forms of racism it spawned. The meal was delicious and the table conversations were thought-provoking. Thanks for engaging our youth with this opportunity to learn and grow.

RVA Table Talk

In March, our students also participated in *RVA Table Talk: Youth,* a discussion hosted by the **Virginia Center for Inclusive Communities** at **Temple Beth-El.** Our students, alongside students from Partnership for the Future facilitated discussions focused around youth, their challenges, and their opportunities. The students did an excellent job bringing to light issues they

face daily to the greater community. A highlight of the evening was a short PSA we created that speaks to the effects of trauma on the lives of Armstrong students. A very special thanks to all the mentors, teachers, friends and sup-



porters who came out to support the youth. We would also like to give a special thanks to **Anne Gibbons**, Outreach Program Coordinator, for hosting a workshop to prepare our students on best practices for facilitating roundtable discussions.

University of Richmond Collaboration Continues

We also met with University of Richmond's community-based learning class to continue work on our oral history project, *Growing Up Civil Rights-Richmond*. Previously, our students participated in a writing prompt activity utilizing the power of poetry to express their thoughts and personal experiences. The workshop gave them the opportunity to put their words into dance and movement which was led by **Kevin Lamar Jones**, founder of *Claves Unidos*. Both groups of students explored the interrelation between language and movement as they continue to prepare for the closing presentation in April.

University of Richmond Peer Network

Big thanks to our peer mentors for the campus tour, dinner and panel discussions on the college admissions process. During their visit, ALP students learned firsthand what student life is like on campus. The discussion allowed ALP students to ask questions and probe deeper the pros and cons of attending college. We would like to thank **Jennifer Mullins** and **Michael Johnson** and the entire team of peer mentors for planning this wonderful event.

Save the Date: Student Performances, April 9th, 6 p.m. at the University of Richmond's Modlin Center for the Arts, Harnett Museum of Art

If you are interested in participating in Armstrong Leadership Program, please contact **Yvette Davis Rajput, Director** at work: 804-783-7903, ext. 13, or cell 804-314-2622, or: yrajput@richmondhillva.org **Marvin Roane, Assistant Director** cell 804-484-0736, or: alp@richmondhillva.org

Like Us on Facebook @ ArmstrongLeadership

Retreats Classes Groups Schools Retreats Classes

RETREATS

INDIVIDUAL RETREATS

Richmond Hill offers individual retreats for persons who desire rest and time to seek God. Retreats may be taken in 24-hr increments between Tue. 4 p.m.– Sun. 4 p.m. In addition, more formal contemplative retreats are offered periodically on weekends for individuals who wish to be a part of a facilitated retreat rhythm. Spiritual guidance is available for any individual retreat.

> Recommended donations: Basic \$80 per 24 hrs. / Guided \$100 per 24 hrs. Contact DeBorah Cannady, 804-783-7903 or dcannady@richmondhillva.org

FIRST FRIDAY RETREATS

First Friday of Each Month | 9 a.m. - 4 p.m. A day for quiet reflection and spiritual renewal. Structure and guidance will be provided for those who want it as well as the option for one-on-one spiritual direction, or you can simply spend the day in silence—your choice.

Suggested Donation: \$20 (includes Lunch) Facilitator: Mimi Weaver, spiritual director and life coach. She can be reached at www.GraceMoves.com

Contact Mary Lewis at Richmond Hill to register 804-783-7903 or retreats@richmondhillva.org Please register in advance. Space is limited.

LISTENING TO THE SILENCE

Second Tuesday of Each Month | 9 a.m. - 4 p.m. Arrive at Richmond Hill at 8:45 to begin this spiritual experience. Lunch and chapel are included. Bring your Bible and your journal but leave the cell phone in the car.

Suggested Donation: \$20 (includes Lunch) Facilitator: Rita Ricks, spiritual director

Contact DeBorah Cannady at Richmond Hill to register 804-783-7903 or retreats@richmondhillva.org Please register in advance. Space is limited.

GROUPS

CENTERING PRAYER GROUPS

Tuesdays, 4:15 - 5:00 p.m. David Vinson, Facilitator Tuesdays, 7:30 - 8:45 p.m. Jerry Deans, Rev. Vallerie King, Facilitators

Centering prayer is an ancient prayer method designed to facilitate the development of contemplative prayer by preparing us to cooperate with this gift. Each group is open to newcomers regardless of experience.

Contact: David Vinson at 804-783-7903 or facilities@richmondhillva.org

DROP-IN GRIEF GROUP

Monthly, 4th Fridays, 10 – 11:30 a.m. Sandy Gramling, Ph.D., Facilitator

Share experiences and obtain support from others who are experiencing a loss in a flexible group format. Discussion and reflection on the impact of loss, coping, meaning-making, etc. follows the brief presentation.

Preregistration is helpful but not required. Contact Mary Lewis at 804-783-7903 to register.



To register, please contact Mary Lewis, at (804) 783-7903, email: retreats@richmondhillva.org Facilitator: Brenda Giannini. Suggested donation: \$30.00 (includes lunch)



Men of all ages and stages of life are invited to participate in this monthly gathering at Richmond Hill to practice The Way of Council.

> COMMUNITY DINNERS 6:30 pm each Tuesday

> > Donation: \$7-10

Come join us for a meal!

Community Lunches 12:30 pm each Thursday Donation: \$5-7 Retreats

Groups Scl

Classes G

Closing Retreat

Fri. 4 pm – Sat. 4 pm

Mav 10-1

Groups Schools

NOW ENROLLING!

RUAH XVIII School of Spiritual Guidance

New Class begins in September, 2019

Richmond Hill will begin a new weekend session of the RUAH School of Spiritual Guidance in September, 2019.



This two-year program is composed of two 48-hour retreats and eight 24hour retreats for each of two years. The retreats are held on the second weekend of the month, and the rhythm of life of the Richmond Hill Community is the context for these retreats. Prayer and faith sharing are a part of the discipline of all participants. Participants read at least one book each month on the upcoming topic of discussion.

Enrollment in RUAH XVIII is open to lay, professional and clergy persons who might feel called to provide spiritual direction in their church, faith community, or as an adjunct minister at Richmond Hill.

The deadline for application is May 15.

Some scholarship assistance is available.

For more information or an application packet, contact DeBorah Cannady, Registrar of the RUAH School of Spiritual Guidance at Richmond Hill at (804) 783-7903 ext. 14, or email: dcannady@richmondhillva.org

Spear

RETREAT

School of Race & Justice

Join Co-Pastoral Directors Janie Walker and Joel Blunk for a 24-hour retreat on dialogue and action. We'll learn how to ask open, honest questions, build trust across divides, and have the hard conversation about race. We'll also consider ways of engaging communally to influence change. Come ready to learn from one another and develop a personal plan of action.

Koinonia is part of God's ministry of racial reconciliation and is grounded in the Christian tradition. We believe that everyone can engage in reducing racism by being instruments of justice in their own sphere of influence.

The retreat is from 4 PM on Friday to 4 PM on Saturday, May 10-11. The cost is \$110. Some financial support is available.

Please register by Wednesday, May 1, on our website or by calling the office at (804) 783-7903.



Tuesday, April 16 through Thursday, April 18 Join us for silent retreat, daily prayer, study, and meditation. Come for any or all of the time. A simple lunch will be served each day following mid-day prayer.

Good Friday, April 19 — Stations of the Cross

Meet 12 noon at Patrick Henry Park, 2400 E. Broad Street for an ecumenical prayer walk throughout Church Hill and the East End.

WORSHIP SERVICES

DAILY PRAYERS

Morning 7:00 - 7:15 a.m. Noon 12:00 - 12:15 p.m. Evening 6:00 - 6:15 p.m.

COMMUNITY WORSHIP

Every Tuesday at 5:30 p.m. - 6:30 p.m. The community celebrates Holy Communion. Services are led by ministers of various denominations according to their traditions. We invite you to join us afterwards for dinner in the refectory.

PRAYING WITH THE SONGS OF TAIZÉ

First Tuesdays at 7:30 p.m.

Jim Bennett, Leader

Taizé worship is contemplative and meditative in character, using short songs, repeated again and again in a candlelit chapel. The songs express a basic reality of faith, quickly grasped by the heart. The hope is this reality will gradually penetrate one's whole being; thus the meditative singing becomes a way of listening to God. Our practice of Taizé includes singing, prayer for Metropolitan Richmond, and a period of silence. Jim Bennett, a skilled musician, leads this time of worship with a variety of guest musicians and instruments.

SOAKING PRAYER SERVICE

1st Thursdays at 10:00 a.m. and 4th Tuesdays at 7:30 p.m. DeBorah Cannady, Leader

Those struggling with illness have benefitted from being "soaked in prayer" over periods of time. Prayer ministers are available to pray with those desiring emotional, spiritual, or physical healing. Participants are invited to find a comfortable place, sit, relax, and receive prayer. Participants may also come and go during the service.

GENERATIONAL HEALING SERVICE

5th Tuesdays at 7:30 p.m.

Rev. Dr. Paula O. Parker, Leader

Once a quarter, Richmond Hill offers a service for Generational Healing. This is an opportunity to invite God's healing into your family, including generations that have gone before, as well as generations that will come after you. Participants are encouraged to bring the blessings as well as the pains and traumas of their ancestry written on a piece of paper (not to be shared). However, careful preparation of your personal genogram will help you pray more specifically for your family members.

MEN'S CIRCLE: PRACTICING THE WAY OF COUNCIL

2nd Thursdays at 7:30 - 9:00 p.m.

Rev. Joel Blunk, Leader

Men of all ages and stages of life are invited to participate in this monthly gathering at Richmond Hill to practice The Way of Council, an ancient spiritual practice of storytelling and deep conversation. The process is simple. Plenty of silence creates spaciousness for meaning—both spoken and unspoken—to be offered and received. We hold the space with intention. The time is closed with a prayer, a group gesture or a few moments more of silence.

Celebrate Rev. Janie M. Walker on Tuesday, May 14, 7:30 p.m.!

You're invited to help honor the Rev. Janie Walker upon her coming retirement from Richmond Hill. We'll hold the celebration **Tuesday, May 14, at 7:30 p.m. in our Chapel.** The evening will include music, stories, and the giving of gifts, preceded by our regular Community Worship at 5:30 p.m. and a heavy hors d'ouevres reception at 6:30 p.m.

Janie has been an integral part of Richmond Hill almost since its beginning. She's lived in residence for over a dozen years, has held most every position on staff, and over the past five years has led us through a critical period of transition as Co-Pastoral Director. While it's hard to see her go, we share in her excitement as she begins the next chapter of her life, relocating to be near a granddaughter and soon-to-be great granddaughter in Arizona.

RSVP: 804-783-7903 or RSVP@richmondhillva.org

Monthly Brother Lawrence Days

Beginning May 2, on the 1st Thursdays of the month, from 9 a.m.-4 p.m. come pray and work at Richmond Hill in the time-honored Benedictine tradition of *Ora et labora*. Meet at 9 a.m. for intro and prayer, work from 10-11:45 a.m., noon prayer and lunch, work from 1:30-3 p.m. Meet for prayer and goodbye at 3:30 p.m. Email *facilities@richmondhillva.org* to sign up or with questions.

Are you called to serve in the City?





August 2019

Beginning in August, three servant-leaders can join in this mission. See website for details. Applications are due by May 15.

Micah End-of-School-Year Celebration Luncheon 2019

Save the Date: Thursday, May 9 Sign-up at micahrva.org

end of year Celebration Runcheon





Adult Faith Formation & Holy Becoming / Cultivating the True Seed Within

We are to grow up in every way...into Christ. - Eph. 4:15

Weister Eckhart identified the "true seed" as the living presence of God's image implanted in the human soul. He went on to suggest that if the seed of divine nature in each of us were to have a "good, wise and industrious cultivator" we would thrive and grow up into our truest nature – the God-image or True Self.

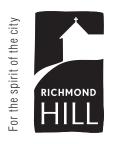
At the 2019 Summer Institute we will explore the process of authentic and whole adult faith formation. Time together will include small group discussion, solitude in nature, storytelling and artistic expression.

Come ready to explore

- A nature-based model of human development and personal growth
- Second half of life spirituality
- A deeper understanding of True Self/false self
- Age and stage appropriate tasks
- Common life-stage themes and patterns of human evolution

Register now...

Cost: \$335. (Limited scholarships available upon request.) Space is limited. To apply, please visit our website or contact Mary Lewis at retreats@richmondhillva.org by Tuesday, July 9. (CEUs available for some professions.) Facilitators: Kim Hunziker & Rev. Joel Blunk



2209 East Grace Street Richmond, Virginia 23223 (804) 783-7903 www.richmondhillva.org

April / May 2019



In April: *Pray for the Spirit of the Resurrection in Metropolitan Richmond.*

...and in May: *Pray for the Churches and Religious Institutions in Metropolitan Richmond.*

MAY 14 Save the Date!

Join us in celebrating Rev. Janie M. Walker's ministry on Tuesday, May 14 at 7:30 p.m. See page 6 for Details... Non-Profit Organization U.S. POSTAGE **P A I D** Richmond, VA Permit No. 1318

RICHMOND HILL MISSION STATEMENT

Richmond Hill is an ecumenical Christian fellowship and intentional residential community who serve as stewards of an urban retreat center within the setting of a historic monastery. Our Mission is to seek God's healing of Metropolitan Richmond through prayer, hospitality, racial reconciliation and spiritual development.

RICHMOND HILL'S DAILY CYCLE OF PRAYER

Pray for Metropolitan Richmond Every Day: For the healing of metropolitan Richmond; for the sick and those in our hearts; for the welfare of all our residents; for the establishment of God's order in our community.

MONDAYS: Our residents who live in the City of Richmond, the Mayor, Manager, City Council, and School Board. Non-profit organizations and their ministries. All schools: students, teachers, and staff. Day care centers. All who suffer from addiction, dependency, and co-dependency. The Council, residents, and staff of Richmond Hill.

TUESDAYS: Our residents who live in Hanover County, the Board of Supervisors, School Board, and Manager. The print and broadcast media. The churches of metropolitan Richmond: members and clergy. All who live in poverty. All who suffer from mental illness. WEDNESDAYS: The Governor of Virginia, the General Assembly, and all who work in State Government. All who work in businesses which provide services to others. All who work in construction. Hospitals and nursing homes: patients, residents, and staff; all who provide health care. Victims of violent crime; all who commit violent crime. All senior residents.

THURSDAYS: Our residents who live in Ashland, Hopewell, Colonial Heights, and Petersburg, the town and city Councils and Managers. All who work in banks and finance; all making financial decisions for greater Richmond. Prisons and jails of metropolitan Richmond: prisoners and staff. All who are unemployed or underemployed. All public servants.

FRIDAYS: Our residents who live in Henrico County, the Supervisors, School Board, and County Manager. All who work in the manufacturing industry in metropolitan Richmond. The police, fire, and rescue workers. The courts. All young people. All who hurt, need inner healing, or are unable to love.

SATURDAYS: Our residents who live in Chesterfield County, the Supervisors, School Board, and County Manager. All who work in retail trade in metropolitan Richmond, and those who own our businesses. Counselors and spiritual directors. The Sisters of the Visitation of Monte Maria. All victims of abuse; all perpetrators of abuse.

SUNDAYS: Our residents who live in the Counties of Charles City, Goochland, Powhatan, and New Kent, the Supervisors, School Boards, and Managers. An end to racism and racial prejudice. All places of prayer or worship: churches, mosques, and synagogues. Universities, colleges, and technical schools. All who seek God.

We pray daily at Richmond Hill for persons or situations for which our prayers are requested. Call us at 804-783-7903.

Share your comments, or sign up to receive our monthly printed UPDATE newsletter here: <u>rrumble@richmondhillva.org</u> If you would like to subscribe to eUPDATE, our email newsletter, go here: www.richmondhillva.org/subscribe/

You can find us, like us, share us: facebook: RichmondHillVa twitter: RichmondHillVa2 instagram: richmondhillva