

# UPDATE

For the spirit of the city



2209 EAST GRACE STREET RICHMOND, VA 23223

JUNE 2015

## TENDING THE SPIRIT

### Leaves in the light

I'm not sure I had ever seen them before. At least, not in this way of seeing. There, just outside the window on an exquisite late May morning, sliding slightly in the breeze, were five leaves filled with light.

How was I to know it would so quickly end?

They caught the light. They were made of light. They were actually composed of leaf and wind and sun. And in them, at that moment, was all the pattern, all the life, all the vitality of eternity. They were permanent — but just for a moment.

How do you say that you have seen eternity, that your heart has met the inextinguishable fire in covert longing? How does a simple, undisturbed leaf — and of a Virginia creeper at that — hold the majesty of creation at 10:00 a.m. this May morning in Richmond?

It is as true as the tiny white butterflies dancing around the purple flowers, occasionally taking a partner into the elegant circle of an elevated waltz before returning to the day's more earnest flower work.

It is as certain as the three trees sharing the work of screening the solarium, now of equal height, but of different history and species. The evergreen, now surprisingly tall and straight, still bears memories of a scraggly past when contractors and gardeners debated ending its life because it bent so badly and was clothed so poorly. The holly stands tall in the center, fully rounded and far more stately than your average holly, far more prominent than anyone would have expected. And next to them, where

the maple once stood, is a now-adolescent well-clad beech, light and triple-trunked and wholesome.

To the left of the three trees is the vertical sundial in the tower, to be read only from the inside — a manmade instrument mystically registering, by shadow and angle and number, the eternal mathematic of sun and orbit and earth.

The mystery of eternity is proclaimed in the mystery of movement. Permanence is here not static. Timelessness is seen only in time. Even the yew hedge is ancient only by comparison.

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*How do you say that  
you have seen eternity,  
that your heart has met  
the fire in longing?*

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How do you write about it when things keep moving? The words on the page give illusion of a permanence. They will move no longer, lasting until they deteriorate in fire or dust. But so long as they can be seen, their spirit has the power to move other spirit.

Sometimes I think that what we see and feel is not eternal, but only passing; that it is the exquisite beauty that awakens the ever-daunted desire to hold the moment at its peak; that what we experience is a longing for eternity, and the longing leads us to the illusion of eternity.

But at other times, this is my sanity: I know it is actual bedrock eternity that is known well, and most especially, in the most passing, most stunning beauty of the most surely temporary moment.

The frond has five leaves, made of green and light and breeze, tethered by vine in sun outside my window.

Forever.

For a moment.

*The Rev. B. P. Campbell, Senior Pastor*

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### Armstrong Leadership Program

Yvette Rajput

### Micah Initiative

Qasrah Spencer

### Front Office Assistant

Marvette Craighead

## COMMENCEMENTS

With gratitude for their ministries, we would like to recognize the following participants who successfully completed their courses of study in these programs offered here at Richmond Hill.

### PASTORAL CARE & COUNSELING CLASS OF 2015 | MAY 24, 2015

Lynda Sharp Anderson

Vergie Banks

Queen Mary Bryant

Sherrie Smith Chase

June Dixon

Shirley Ferguson

Barbara Robinson

David Vinson

Katherine Weis

### VOCARE SCHOOL OF VOCATION CLASS OF 2015 | JUNE 7, 2015

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### RUAH XII SCHOOL OF SPIRITUAL GUIDANCE | CLASS OF 2015 JUNE 14, 2015

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Connie Chintall

Adeline Underwood Clarke

Lili Spain Daniely

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## REVIVE RICHMOND

## The Blessing of the Village

The Micah Association, consisting of the many faith partners serving as volunteers in elementary schools throughout Richmond, met recently for its annual Spring gathering. The principal of Ginter Park Elementary School, Indira Williams, gave a reflection on life in the school. Keying off of a traditional African proverb, "It takes a village to raise a child," she spoke with vigor and conviction of having a great staff and volunteers in the school. Principal Williams talked about the visitors, the volunteers and the village. My thoughts drifted off to a challenge I had recently wrote about encouraging us all to think of the venues in which we have influence — education and economics in particular.

As Principal Williams spoke of the improvement, both in academic study and in the morale of the school, due to the ownership taken on by the "village," in my mind I created and rehearsed a movement type formula for transforming our metropolitan city in general. I added another "V" to the mix- victory. When individuals move from being a visitor, to becoming a volunteer they become a part of the village. The village then is the agency by which victory is won. Victory is what our Metropolitan City needs in order to experience the revival that we all want for our city.

A week after the association meeting, there I was having lunch with a woman who moved here from New York to obtain a graduate degree in education. One of the first things she mentioned about her transition here was how much she loved this city. This is something I rarely hear from people who have moved here from other areas of the country. But as I listen to her further explain her purpose for pursuing another degree in education and what she plans to do after obtaining that degree, our conversation moved to her interest in non-profits -- of which Richmond has a lot. In listening to her, I became aware that the joy and beauty she finds in the area had to do with her experience of the volunteers she had encountered in several venues.

Her experience reflected the same joy and excitement I witnessed in the fellowship hall of Ginter Park Presbyterian Church as volunteers of different ages, races, genders, ethnicities, religions, educational backgrounds and roles, all greeted one another with laughter and sharing of stories about the volunteers (the village) making a difference in education in our city. This type of sharing validates the philosophy that the degree to which a group demonstrates healthy comradeship is the degree to which that group has experienced true transformation.

Yes, transformation is translated as revival. It is also translated as victory.

"O how good and pleasant it is when brothers and sisters dwell together in unity. ... There our Lord commands a blessing, life forever more." (Psalm 133:1) The secret to a good old revival, then, is in the unified Village.

*The Rev. Janie Walker  
Interim Pastoral Director*

## Pray for the Criminal Justice System in Metropolitan Richmond.

*Remember those who are in prison, as though in prison with them, and those who are mistreated, since you also are in the body. (Hebrews 13:3)*

June 2015

**June 7, 2015.** We pray for the criminal justice system in Metropolitan Richmond: For all who are incarcerated in jails and prisons, their families, and their loved ones.

**June 14, 2015.** We pray for the criminal justice system in Metropolitan Richmond: For the police, judges, lawyers and court personnel, correctional officers and institutions, juvenile detention facilities, and probation officers.

**June 21, 2015.** We pray for the criminal justice system in Metropolitan Richmond: For chaplains, ministries to jails and prisons, half-way houses, work-release and after-care programs.

**June 28, 2015.** We pray for the criminal justice system in Metropolitan Richmond: For the volunteers who minister in jails and prisons. For the victims of violent crime and for situations that perpetuate violent crime.

## Announcing a New School and Program Offering



**Fall 2015 Semester**  
 8/21-23: Opening Retreat (48-hr)  
 9/28: Lecture/Process 1  
 10/26: Lecture/Process 2  
 11/23: Lecture/Process 3  
 12/11-12: Closing Retreat (24-hr)

**Spring 2016 Semester**  
 1/16-17: Opening Retreat (24-hr)  
 2/22: Lecture/Process 4  
 3/28: Lecture/Process 5  
 4/25: Lecture/Process 6  
 5/6-8: Closing Retreat (48-hr)

==KOINONIA==

## School of Race & Justice

Koinonia means sharing in community. This School of Race and Justice provides safe space and tools to address racism in ourselves and to build justice in our city.

**Lecture Topics include:** History, diversity, shame, grief, lament, privilege, class, poverty, media, and law.

**Process Groups:** These intentional small groups process each lecture personally and its implications for the city.

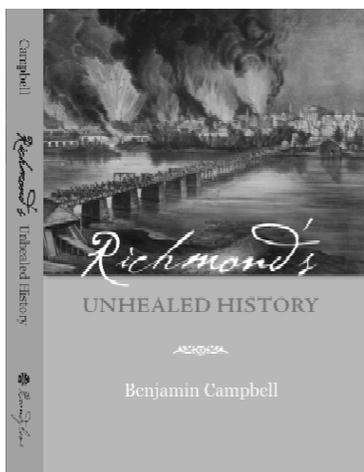
**Retreats:** The retreats are designed to build community and delve deeper into our issues of race.

*The deadline for applications is June 30. Cost: \$1200. Some scholarship is available. For further information, please contact Rev. Janie Walker (804-783-7903), email: [jwalker@richmondhillva.org](mailto:jwalker@richmondhillva.org)*

AVAILABLE NOW from the RICHMOND HILL BOOKSTORE

# Richmond's Unhealed History

by Benjamin Campbell



Ben's book is available in a Kindle version for \$5.99 at Amazon.com

\$15.95 plus tax at Richmond Hill or  
 \$18.50 postpaid, tax included, by mail from Richmond Hill.

Order by telephone (783-7903) or on the web [richmondhillva.org](http://richmondhillva.org)

Your order from the Richmond Hill Bookstore supports Richmond Hill.

## ARMSTRONG LEADERSHIP PROGRAM

invites Churches, Temples, Mosques, Sororities, Fraternities, Business/Social Organizations and Alumni Associations to help out...

### College Showers Need Hosts

The Armstrong Leadership Program is inviting Richmond organizations to help high-achieving seniors at Armstrong High School who have been accepted to four year colleges by hosting a College Shower for a student. At this event, the organization will work towards providing some items the student will need to furnish his/her dorm room. For the participating students, this is an important piece in making the dream of attending college a reality.

If your ministry, congregation or organization has interest in hosting a shower, please contact Yvette Davis Rajput, Director, by July 1, 2015 at work: 804-783-7903 ext.13, or cell 804-314-2622, or: [yrajput@richmondhillva.org](mailto:yrajput@richmondhillva.org)

# Richmond Hill Studies in

Retreats    Classes    Groups    Schools    Retreats    Classes

## RETREATS

### INDIVIDUAL RETREATS

Richmond Hill offers individual retreats for persons who desire rest and time to seek God. Retreats may be taken in 24-hr increments between Mon. 4 p.m.– Sat. 4 p.m. In addition, more formal contemplative retreats are offered periodically on weekends for individuals who wish to be a part of a facilitated retreat rhythm. Spiritual guidance is available for any individual retreat.

**Upcoming Facilitated Retreats: Sat. - Sun. Oct. 25-26**

*Recommended donations: Basic \$65 per 24 hrs. / Guided \$90 per 24 hrs.*

*Contact Deborah Cannady, 804-783-7903 or [retreats@richmondhillva.org](mailto:retreats@richmondhillva.org)*

### FIRST FRIDAY RETREATS

First Friday of Each Month | 9 a.m. - 4 p.m.

*A day for quiet reflection and spiritual renewal. Structure and guidance will be provided for those who want it as well as the option for one-on-one spiritual direction, or you can simply spend the day in silence—your choice.*

Suggested Donation: \$20 (includes Lunch) Facilitator: Mimi Weaver, spiritual director and life coach. She can be reached at [www.GraceMoves.com](http://www.GraceMoves.com)

*Contact DeBorah Cannady at Richmond Hill to register 804-783-7903 or [retreats@richmondhillva.org](mailto:retreats@richmondhillva.org)  
Please register in advance. Space is limited.*

### LISTENING TO THE SILENCE

Second Tuesday of Each Month | 9 a.m. - 4 p.m.

*Arrive at Richmond Hill at 8:45 to begin this spiritual experience. Lunch and chapel are included. Bring your Bible and your journal but leave the cell phone in the car.*

Suggested Donation: \$20 (includes Lunch) Facilitator: Rita Ricks, spiritual director

*Contact DeBorah Cannady at Richmond Hill to register 804-783-7903 or [retreats@richmondhillva.org](mailto:retreats@richmondhillva.org)  
Please register in advance. Space is limited.*

## GROUPS

### CENTERING PRAYER GROUPS

*Tuesdays, 4:45 - 5:45 p.m.*

*Deborah Streicker, Facilitator*

*Tuesdays, 7:30 - 8:45 p.m.*

*Helen Eano, Facilitator*

Centering prayer is an ancient prayer method designed to facilitate the development of contemplative prayer by preparing us to cooperate with this gift. Each group is open to newcomers regardless of experience.

*Contact: Deborah Streicker at 783-7903 or [dstreicker@richmondhillva.org](mailto:dstreicker@richmondhillva.org)*

### DROP-IN GRIEF GROUP

*Monthly, 4th Fridays, 10 - 11:30 a.m.*

*Sandy Gramling, Ph.D., Facilitator*

Share experiences and obtain support from others who are experiencing a loss in a flexible group format. Discussion and reflection on the impact of loss, coping, meaning-making, etc. follows the brief presentation.

*Preregistration is helpful but not required. Contact DeBorah Cannady at 804-783-7903 to register.*

## ENROLL NOW!

*Monet had his water lilies, Van Gogh had his Irises, and you could have the garden at Richmond Hill for your inspiration. Come join us for an OPEN STUDIO in our lush, private garden complete with fish, fowl, and quiet paths for your exciting en plein air experience. Bring your own paints or supplies to set up in our garden or experiment with our pencils, pens, markers, chalks, and other materials. This retreat is all about having some time for yourself, having fun with art and others while being in a place of beauty, prayer and hospitality.*

We will look closely at the following questions for our own personal answers: What inspires us? Where does Creativity come from? How do we foster and nourish our creativity? What role does our faith and our spirituality play in our art? Join us and enjoy the quiet, inspiring garden, and the spirit of Richmond Hill.



*Suggested donation: \$30. Facilitator: Brenda Giannini.*

*To register, please contact DeBorah Cannady, Guestmaster at Richmond Hill, by email: [retreats@richmondhillva.org](mailto:retreats@richmondhillva.org) or at (804) 783-7903.*

NOW ENROLLING: NEW SCHOOLS AND PROGRAMS



Apply now for Sept. 2015

Vocare means to call or to summon. This school is intended to provide tools, space, and community for discerning God's call in each of our lives.

Fall Tuesday Workshops: Tuesday workshops are designed to move you from your personal inner-work towards outward engagement with the wider community.

Spring Discernment Groups: These small groups meet monthly. The meetings will take place on the last Tuesday of each month. Each session will provide opportunity for a participant to discern vocation in community as guided by the Holy Spirit.

Applications are due July 15.

To inquire or apply, please contact Rev. Janie Walker at (804-783-7903) or email: jwalker@richmondhillva.org

ENROLL NOW!

The Richmond Hill Urban Service Corps provides a rare opportunity to gain understanding of how the Holy Spirit engages with both the people and the social structures of a City as well as how the life of a Christian community can provide a powerful witness for the possibilities of reconciliation and healing in a metropolitan area.



The Richmond Hill Urban Service Corps is a one year commitment beginning in August of each year. Typically, we will have four servant-leaders in the Community per year.

Applications are due to Richmond Hill by July 15.

To inquire or apply, please contact Rev. Janie Walker at (804) 783-7903 or jwalker@richmondhillva.org

Celebrating



of Service

Holistic Pastoral Counseling Services (HPCS)

Cordially invites all to celebrate



Pastoral Care and Counseling Program

The celebratory event will take place:

September 5, 2015, 2 pm - 5 pm

Cedar Street Baptist Church of God The Benjamin W. Robertson Memorial Center 3201 Cedar Street, Richmond, VA 23223

Keynote Speaker: Dr. Leonard N. Smith

"25 years in God's service to and with His people"

For more information: apc4learning@gmail.com 804.783.7903 x28 P.O. Box 6044, Richmond, VA 23222 www.aliceharris.wix.com/aliceharris



Ticket Cost: \$25 per person Checks payable to: HPCS

Rev. Dr. Alice W. Harris founder and director of HPCS since 1990.

Now enrolling 2016 Class of Pastoral Care & Counseling

The School of Pastoral Care and Counseling is now accepting applications for the 2016 Class which begins in September 2015 and ends June 2016.

Pastoral Care and Counseling is a one-year program that focuses on enhancing one's skills in ministering to those who are experiencing physical, emotional, and spiritual difficulties. It is designed to help persons improve the quality of their own self-reflection through journaling, prayer, meditation, and Bible reflection.

This course is also offered on-line as Directed Study.

To inquire or apply, please contact the Rev. Dr. Alice W. Harris, Director of Holistic Pastoral Care and Counseling Services at (804) 783-7903 ext. 28 or by email at: aharris@richmondhillva.org

**DAILY PRAYERS**

Morning 7:00 - 7:30 A.M.  
 Noon 12:00 - 12:15 P.M.  
 Evening 6:00 - 6:15 P.M.

**COMMUNITY WORSHIP**

5:30 p.m. - 6:30 p.m.  
 Every Monday

The community celebrates Holy Communion. Services are led by ministers of various denominations according to their traditions. We invite you to join us afterwards for dinner in the refectory.

**TAIZÉ**

Leader: Jim Bennett

7:30 p.m. first Monday of each month

Taizé worship is contemplative and meditative in character, using short songs, repeated again and again in a candle lit chapel. Using just a few words, the songs express a basic reality of faith, quickly grasped by the mind. As the words are sung over many times, the hope is this reality will gradually penetrate one's whole being. Meditative singing thus becomes a way of listening to God.

We invite you to participate in our practice of Taizé which includes singing, prayer for Metropolitan Richmond, and a period of silence. Jim Bennett is a skilled musician and leads this time of worship with a variety of musical instruments.

**SOAKING PRAYER SERVICE**

Leaders: Patricia Hartsock and DeBorah Cannady  
 4th Mondays at 7:30 p.m. and 1st Thursdays at 10:00 a.m.

Those struggling with illness have benefitted from being "soaked in prayer" over periods of time. Prayer ministers are available to pray with those desiring emotional, spiritual, or physical healing. Participants are invited to find a comfortable place, sit, relax, and receive prayer. Participants may also come and go during the service.

**EUCHARIST FOR GENERATIONAL HEALING**

5th Mondays at 7:30 p.m.

Once a quarter, Richmond Hill offers a Eucharist for Generational Healing. This is an opportunity to invite God's healing into your family, including the generations that have gone before and the generations that will come after you. Please bring the blessings as well as the pains and traumas of your ancestry written on a piece of paper (not to be shared). For more information call DeBorah Cannady at 783-7903.

**Reflections**

Class Reflections of the 2015 Pastoral Care and Counseling Class (PCC) at their closing retreat saw their journey as a beginning and not an end. This reminded me of the Bible text: "The wind blows where it wishes, you hear the sound it makes, where it comes from or where it goes. It is like that with everyone who is born of the Spirit." (John 3:8). "No one sees the Kingdom of God without being born again." The class of 2015 is being born again, but like Nicodemus, there were things about being again they did not understand, especially the power if the Holy Spirit living within their heart. Like how to deal with fear, depression, anger, love and many other difficulties how to deal with these problems and how to be set free from these things in their life. They now understand better how to process the past and present obstacles of life. The class dealt deeper into life problems, self-discipline, and how to express themselves. The enjoyment of God's creation was a blessing to them.

The internship (patient visitation) was an educational experience. Entering with fear, apprehension, anxiety, became a good experience. There was encouragement from former students. This helped in understanding how to minister and care for their relatives and friends as well as the church family. It helped them better understand Jesus's ministry while on earth. They then realize that God has given us we need for the journey while here on earth. It helped to realize that there is a well inside our soul. The class ministered to the broken hearted. It helped them to be set free through self-examination and love. The great price Jesus paid on the cross to save us from our sin, our forgiveness and healing help us listen to the Holy Spirit in our heart letting Him comfort us give us the rest we need to serve Him. It has been proven that sleep apnea which may be helped by listening to the Holy Spirit as well as other physical conditions. Let us to take our problems to the altar will relieve many of them. General understanding and communicating of and with other generations and accepting them where they are helps in making this stay here on earth a place of caring and peace. This builds self-esteem and gives us faith for the future.

God built the earth with mountains, trees, and seas. Silence is one way of making connection with God. Richmond Hill is a place to make connection with God — a place of healing, communication, renewing, especially at meals, a time to grow into community. This helps in understanding the Bible, having a place of rest and relaxing to pray and find peace for the spiritual self. Amen, Amen, Amen.

*Rev. Dr. Alice W. Harris  
 Pastoral Counselor*

**STABILITY** — *Pledging to pray and work for the permanent transformation of the metropolitan city.*

My year in the Urban Service Corp has been transformational and I am getting ready to leave Richmond Hill in another month or so. I will have moved 3 times in a little over a year once I leave this place. In the mist of this transitional year and entering into another period of transition to a new house and job, I have been thinking about stability: stability of place, of people and of heart. How do I find solid ground amidst all of this change?

The only ways I have found to maintain a sense of stability in this ever changing world, is to know the places I call home. Home is a theme that has come up for me, the need to find home in God and myself, and in the places I can come back to where I have deep connections, rootedness and relationships.

Being at home in my skin and soul has meant staying connected to the spirit of God within me and returning to the quiet places of refuge, places where I find God. Having times of silence, reflection, meditation, journaling and being outdoors are nurturing. Certain psalms, prayers, authors, scriptures and songs bring me back to a solid place.

There are also people that are connected to specific places that feel like home to me. New York where my family lives, and Charlottesville, where I lived for 11 years, are places I call home. There are people who love me there, familiar, caring and supportive people; my favorite places to visit, eat and be. I love the familiarity. I feel a freedom to be myself. No matter how long I am gone, when I return, we pick up where we left off. This comfort and companionship is priceless, it's also soul satisfying. When I go to both places, I recognize a part of myself that seems to have been missing. I return to them both often.

Richmond Hill, now feels like home, a spiritual home, where my love for contemplation, the city and racial reconciliation converge. The ethos, the people I have met here, and the mission resonate with me deeply. It's a place I can come back to for silence, community, growth and discernment.

I plan to stay in Richmond after I leave Richmond Hill and though my family and most of my close friends do not live here, it starting to feel like home. It's a place that I can build a life, a place I can make a difference and work toward the permanent transformation of the city. I know that as a resident, my welfare is wrapped up in the city's welfare. In the coming days and years, I hope to go out and explore the world through life and work and return to all of the places and people that I call home as often as I can or as much as is needed to solidify my soul.

*Ebony Walden  
Urban Service Corps*

## What's next?

The end of our program year here at Richmond Hill is much like the end of any school year. It's a time of mixed emotions — pride, joy at the successful completion of ventures undertaken, as well as deep-felt sadness, as classes disperse and new-found friends say good bye... maybe for a long time.

I witness it from the sidelines. I also saw it up close and personal as the Vocare class finished up and departed this month. As a member of that program's faculty, I had the honor and privilege of accompanying eleven seekers on their respective journeys this past year. Wind in the wings was palpable. The Spirit moving is a wondrous thing to behold.

As stories were told and plans unfolded, I remembered a diagram I saw a while back illustrating the difference between pilgrimage and wayfaring. In many ways, these pursuits share much in common — both require travel, often at great expense of effort, time and money. They also can involve taking great risks. The difference? Pilgrims and wayfarers both know their starting points, but for the pilgrim, the end is also known. The wayfarer does not know the end of the journey. He or she knows it only when they see it, and not a moment sooner.

Having that fix on a journey's end-point of can be game-changing. But having the ability to sit quietly within the tumult and ambiguity of change is very good as well.

As we approach these journeys of ours, what should we steer by? Awareness of what's going on around you is helpful, but awareness of what's going on inside of you is invaluable.

Part of the regimen we learned during Vocare is the practice of deep listening as a person spoke. No cross-talk, no advising, no fixing — rather, we allowed silence to surround the seeker — silence which was punctuated by thoughtful questions or observations designed to tease out the soul of the matter.

Our journeys involve more than a change of scene or locale. Real journey transforms us inside. As the class prepared for departure, we asked, "What are you taking as you go out from here? Where will you take it?"

To those two questions, I add a third: "How will you act on this?" So, in a sense, in this life we are never done, we never arrive at the end. At each journey's end, we can only reply, "Wow. Wonderful. What's next?"

*Richard Rumble  
Communications Director*



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June 2015



## Metro Richmond at Prayer

*In June:*

### Pray for the Criminal Justice System in Metropolitan Richmond.

Share your comments, or sign up to receive our monthly *UPDATE* newsletter  
by emailing us your contact information: [rrumble@richmondhillva.org](mailto:rrumble@richmondhillva.org)

Richmond Hill is an ecumenical Christian fellowship and intentional residential community who serve as stewards of an urban retreat center within the setting of a historic monastery. Our Mission is to seek God's healing of Metropolitan Richmond through prayer, hospitality, racial reconciliation and spiritual development.

#### RICHMOND HILL'S DAILY CYCLE OF PRAYER

Pray for Metropolitan Richmond

Every Day: For the healing of metropolitan Richmond; for the sick and those in our hearts; for the welfare of all our citizens; for the establishment of God's order in our community.

**MONDAYS:** Our citizens who live in the City of Richmond, the Mayor, Manager, City Council, and School Board. Non-profit organizations and their ministries. All schools: students, teachers, and staff. Day care centers. All who suffer from addiction, dependency, and co-dependency. The Council, residents, and staff of Richmond Hill.

**TUESDAYS:** Our citizens who live in Hanover County, the Board of Supervisors, School Board, and Manager. The print and broadcast media. The churches of metropolitan Richmond: members and clergy. All who live in poverty. All who suffer from mental illness.

**WEDNESDAYS:** The Governor of Virginia, the General Assembly, and all who work in State Government. All who work in businesses which provide services to others. All who work in construction. Hospitals and nursing homes: patients,

residents, and staff; all who provide health care. Victims of violent crime; all who commit violent crime. All senior citizens.

**THURSDAYS:** Our citizens who live in Ashland, Hopewell, Colonial Heights, and Petersburg, the town and city Councils and Managers. All who work in banks and finance; all making financial decisions for greater Richmond. Prisons and jails of metropolitan Richmond: prisoners and staff. All who are unemployed or underemployed. All public servants.

**FRIDAYS:** Our citizens who live in Henrico County, the Supervisors, School Board, and County Manager. All who work in the manufacturing industry in metropolitan Richmond. The police, fire, and rescue workers. The courts. All young people. All who hurt, need inner healing, or are unable to love.

**SATURDAYS:** Our citizens who live in Chesterfield County, the Supervisors, School Board, and County Manager. All who work in retail trade in metropolitan Richmond, and those who own our businesses. Counselors and spiritual directors. The Sisters of the Visitation of Monte Maria. All victims of abuse; all perpetrators of abuse.

**SUNDAYS:** Our citizens who live in the Counties of Charles City, Goochland, Powhatan, and New Kent, the Supervisors, School Boards, and Managers. An end to racism and racial prejudice. All places of prayer or worship: churches, mosques, and synagogues. Universities, colleges, and technical schools. All who seek God.

*We pray daily at Richmond Hill for persons or situations for which our prayers are requested. Call us at 804-783-7903.*



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